

Child Care Providers: Whooping Cough is on the Rise!



Whooping
cough is on the
rise in North
Carolina!

Protect children
in your care by
protecting
yourself.

Get the
Tdap vaccine!

Whooping Cough is Serious!

Whooping cough (pertussis) is serious at any age, but is life-threatening to newborns and infants who have not completed the series of vaccinations that would protect them from whooping cough. Each year hundreds of infants are hospitalized for whooping cough. Some infants die from it.

How Whooping Cough Spreads

Whooping cough spreads easily from person to person by coughing, sneezing or close contact. When they were children, most adults received vaccinations that protected them from whooping cough. This protection weakens over time, and adults can develop a mild case of whooping cough. They may not even know they have it and can unknowingly spread whooping cough to infants in their care.

Protect Yourself and the Children in Your Care: Get the Tdap Vaccine

Everybody in the child care facility should be vaccinated against whooping cough to protect themselves and the children. The Tdap vaccine is given to teens and adults to protect them against whooping cough. Tdap also includes a tetanus and diphtheria booster.

Where to go for help

For a *limited time*, the State of North Carolina is making Tdap vaccinations available at **no cost**. Ask your doctor, nurse, clinic, or local health department if it is time for you to get your **Tdap** vaccination.

Have questions?

Contact your healthcare provider or visit

www.immunize.nc.gov/family/vaccines/pertussis.htm



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North Carolina Pediatric Society
State Chapter of the American Academy of Pediatrics